

**January 2023**



**Egg Harbor Township Grades 9-12 Lunch Menu**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Available Daily</i> *Personal Pizzas *Salad Platters *Sandwiches To Order *Fresh Grill</p>	<p><b>1</b> <b>No School</b> <b>New Years Day</b></p>	<p><b>2</b> <i>No School For Students</i> <b>Professional Staff Development</b></p>	<p><b>3</b> <b>Cheese Steak Submarine</b> <b>Seasoned Corn Carrot Sticks and Dip</b> <b>Chilled Fruit Cup</b></p>	<p><b>4</b> <b>Italian Breadsticks</b> <b>Shredded Mozzarella</b> <b>Red Sauce</b> <b>Seasoned Spinach</b> <b>Seasoned Carrots</b> <b>Chilled Fruit Cup</b></p>	<p><b>5</b> <b>Mozzarella Sticks</b> <b>Red Sauce</b> <b>Seasoned Green Beans</b> <b>Seasoned Broccoli</b> <b>Chilled Fruit Cup</b></p>	
<p><b>Milk Choices Are:</b> 1% White, Non Fat Chocolate &amp; Strawberry Non Fat White, &amp; Lactaid</p>	<p><b>8</b> <b>Meatball Submarine</b> <b>Seasoned Tater Tots</b> <b>Seasoned Peas &amp; Carrots</b> <b>Chilled Fruit Cup</b></p>	<p><b>9</b> <b>Nacho Grande Scoops!</b> <b>Taco Meat</b> <b>Cheese Sauce</b> <b>Seasoned Corn Salsa</b> <b>Chilled Fruit Cup</b></p>	<p><b>10</b> <b>Pizza Crunchers</b> <b>Tomato Sauce</b> <b>Seasoned Mixed Vegetables</b> <b>Chilled Fruit Cup</b></p>	<p><b>11</b> <b>Golden Grilled Cheese Sandwich</b> <b>Creamy Tomato Soup</b> <b>Seasoned Spinach</b> <b>Chilled Fruit Cup</b></p>	<p><b>12</b> <b>Pizza Dippers</b> <b>Tomato Sauce</b> <b>Seasoned Mixed Vegetables</b> <b>Chilled Fruit Cup</b></p>	
<p><i>Available Daily</i> <b>Peanut Butter &amp; Jelly Cheese Sandwiches</b> <b>Hot Dog On A Bun</b> <b>"Sun Butter Sandwiches"</b> Now Available!!!</p>	<p><b>15</b> <b>No School</b> <b>Dr. Martin Luther King's Birthday</b></p>	<p><b>16</b> <b>Italian Bread Sticks</b> <b>Tomato Sauce</b> <b>Seasoned Peas &amp; Carrots</b> <b>Chilled Fruit Cup</b></p>	<p><b>17</b> <b>Cook's Choice</b></p>	<p><b>18</b> <b>Oven Baked Chicken</b> <b>Fluffy Rice</b> <b>Peas &amp; Carrots</b> <b>Green Beans</b> <b>Chilled Fruit Cup</b></p>	<p><b>19</b> <b>French Toast Sticks, Syrup, Sausage Link, Juice Cup</b> <b>Tatar Rounds</b></p>	
<p><i>This Institution Is An Equal Opportunity Employer</i> <i>or</i> ESTA INSTITUCIÓN ES UN EMPLEADOR DE IGUALDAD DE O POR</p>	<p><b>22</b> <b>Crispy Chicken Fries</b> <b>Warm Bread Stick</b> <b>Dipping Sauce</b> <b>Smile Fries</b> <b>Mixed Vegetables</b> <b>Chilled Fruit Cup</b></p>	<p><b>23</b> <b>Nacho Grande Scoops!</b> <b>Taco Meat</b> <b>Cheese Sauce</b> <b>Seasoned Corn Salsa</b> <b>Chilled Fruit Cup</b></p>	<p><b>24</b> <b>Crispy Chicken Tenders</b> <b>Honey Mustard Sauce</b> <b>Sweet Potato Fries</b> <b>Dinner Roll</b></p>	<p><b>25</b> <b>Golden Grilled Cheese Sandwich</b> <b>Creamy Tomato Soup</b> <b>Seasoned Spinach</b> <b>Chilled Fruit Cup</b></p>	<p><b>26</b> <b>Egg McHarbor</b> <b>On A Croissant</b> <b>Bacon, Egg, &amp; Cheese</b> <b>Tater Tots</b> <b>Juice Cup</b></p>	
<p><b>High School Lunch Pricing \$3.75</b></p>	<p><b>29</b> <b>Popcorn Chicken</b> <b>Dipping Sauce</b> <b>Warm Dinner Roll</b> <b>Seasoned Corn</b> <b>Seasoned Carrots</b> <b>Chilled Fruit Cup</b></p>	<p><b>30</b> <b>Cook's Choice</b></p>	<p><b>31</b> <b>Eggo Waffles</b> <b>Savory Sausage or Ham</b> <b>Tater Rounds</b> <b>Carrot Sticks with Dip</b> <b>Chilled Juice Cup</b></p>			

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