

October 2020



Egg Harbor Township Lunch School Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Milk Choices Are: 5-1% White, 5-Non Fat Chocolate, &amp; Lactaid</p>	<p><b>Menu Subject To Change</b> <b>Peanut Butter &amp; Jelly</b> <b>Cheese Sandwiches Offered Daily</b></p>	<p><b>All Students Eat For Free</b> <b>Until December 23rd!</b></p>	<p>Re-Heating Instructions Included</p>	<p>1 Baked Chicken Rice Paradise Punch 100% Vegetable &amp; Juice Blend Fresh Fruit Dinner Roll</p>	<p>2 Deli Sandwich With Cheese On Whole Grain Roll Carrot Sticks Chilled Fruit Cup Chilled Fresh Fruit</p>	<p>Choose MyPlate.gov</p>
	<p>5 Hot Dog On A Bun Baked Beans Fruit Cup Fresh Fruit</p>	<p>6 "Build A Grilled Cheese" Fresh Carrots Chilled Fruit Cup Fresh Fruit</p>	<p>7 Hot Dog On A Bun Baked Beans Fruit Cup Fresh Fruit</p>	<p>8 "Build A Grilled Cheese" Fresh Carrots Chilled Fruit Cup Fresh Fruit</p>	<p>9 Tuna Salad Sandwich On Whole Grain Bread Paradise Punch Fruit Cup Fresh Fruit</p>	
	<p>12 No School Columbus Day!</p>	<p>13 Pizza Slice Green Beans Fruit Cup Fresh Fruit</p>	<p>14 Nacho Grande! Taco Meat, Scoops, Shredded Cheddar Corn Taco Sauce Fruit Cup Fresh Fruit</p>	<p>15 Pizza Slice Green Beans Fruit Cup Fresh Fruit</p>	<p>16 Chicken Salad On A Kaiser Roll Carrot Sticks Fruit Cup Fresh Fruit</p>	
	<p>19 Sloppy Joe On A Kaiser Roll Mixed Vegetables Fruit Cup Fresh Fruit</p>	<p>20 "Egg McHarbor" Ham, Egg &amp; Cheese On A Bun Potato Du Jour Fruit Cup Fresh Fruit</p>	<p>21 Sloppy Joe On A Kaiser Roll Mixed Vegetables Fruit Cup Fresh Fruit</p>	<p>21 "Egg McHarbor" Ham, Egg &amp; Cheese On A Bun Potato Du Jour Fruit Cup Fresh Fruit</p>	<p>22 Ham &amp; Cheese Hoagie Paradise Punch Fruit Cup Fresh Fruit</p>	
	<p>25 Chicken Fajita Peppers &amp; Onions Soft Tortillas Fruit Cup Fresh Fruit</p>	<p>26 Pulled Pork On A Kaiser Roll Baked Beans Fruit Cup Fresh Fruit</p>	<p>27 Chicken Fajita Peppers &amp; Onions Soft Tortillas Fruit Cup Fresh Fruit</p>	<p>28 Pulled Pork On A Kaiser Roll Baked Beans Fruit Cup Fresh Fruit</p>	<p>29 Tuna Salad Sandwich On Whole Grain Bread Paradise Punch Fruit Cup Fresh Fruit</p>	<p><i>This Institution Is An Equal Opportunity Employer</i> or <b>ESTA INSTITUCIÓN ES UN EMPLEADOR DE IGUALDAD DE O POR</b></p>

Phone: 609-383-1464  
Fax: 609-383-0289  
Email: Beckt@eht.k12.nj.us

