

# MAY, 2018

## EGG HARBOR TOWNSHIP MIDDLE SCHOOLS

### MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Milk Choices Are: Skim, 1% Low-Fat White, No Fat Chocolate, Strawberry, Lactaid Milk	<b>1</b> CHICKEN FAJITA PEPPERS & ONIONS SALSA, & SOUR CREAM SAUTÉED SPINACH CHILLED PEARS CHOICE OF MILK	<b>2</b> FLUFFY PANCAKES HAM SLICE STEAK FRIES SYRUP CARROT STICKS APPLE JUICE CUP ORANGE SMILES CHOICE OF MILK	<b>3</b> CHEESEBURGER ON A WHOLE GRAIN BUN CUCUMBER SLICES WITH RANCH DRESSING BAKED BEANS CHILLED APPLE SAUCE CHOICE OF MILK	<b>4</b> CHEESE PIZZA SEASONED PEAS SEASONED SPINACH CHILLED MIXED FRUIT CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	TUNA & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
<b>7</b> CRISPY CHICKEN TENDERS W HONEY MUSTARD SAUCE FLUFFY BROWN RICE SEASONED BROCCOLI CHILLED JUICE CUP CHOICE OF MILK	<b>8</b> ITALIAN BREAD STICKS PIZZA SAUCE, MOZZARELLA CHEESE, SEASONED GREEN BEANS, CHILLED APPLE SAUCE CHOICE OF MILK	<b>9</b> BAKED CHICKEN WITH FLUFFY BROWN RICE CARROTS SEASONED CORN CHILLED PEARS CHOICE OF MILK	<b>10</b> MEATBALL HOAGIE ON A WHOLE GRAIN ROLL SEASONED GREEN BEANS SEASONED SPINACH CHILLED MIXED FRUIT CHOICE OF MILK	<b>11</b> STUFFED CRUST PIZZA TOSSED SALAD SEASONED BROCCOLI CHILLED PEARS CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	HAM & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
<b>14</b> CHEESEBURGER ON A WHOLE GRAIN BUN CARROT STICKS WITH RANCH DIP BAKED BEANS CHILLED FRUIT JUICE CUP CHOICE OF MILK	<b>15</b> HAM EGG & CHEESE ON A WHOLE GRAIN CROISSANT SEASONED TATER ROUNDS APPLE JUICE CUP FRESH FRUIT CHOICE OF MILK	<b>16</b> ITALIAN BREAD STICKS PIZZA SAUCE, MOZZARELLA CHEESE, SEASONED GREEN BEANS, CHILLED PINEAPPLE CHOICE OF MILK	<b>17</b> TWIN HARD TACO TACO MEAT, CHEDDAR CHEESE SAUCE LETTUCE & TOMATO, SOUR CREAM, SALSA CHILLED MIXED FRUIT CHOICE OF MILK	<b>18</b> CHEESE PIZZA TOSSED SALAD CARROT STICKS W/ LOW FAT RANCH DRESSING CHILLED APPLE SAUCE CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	CHICKEN SALAD ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
<b>21</b> HOT DOG ON A WHOLE GRAIN BUN SAUERKRAUT BAKED BEANS ORANGE SMILES CHOICE OF MILK	<b>22</b> GRILLED CHEESE SANDWICH TOMATO SOUP SAUTÉED SPINACH CHILLED PEARS CHOICE OF MILK	<b>23</b> CHICKEN PATTY ON A WHOLE GRAIN BUN SEASONED BROCCOLI BAKED BEANS CHILLED JUICE CUP CHOICE OF MILK	<b>24</b> HAM EGG & CHEESE ON A WHOLE GRAIN CROISSANT OR WG BUN SEASONED TATER ROUNDS APPLE JUICE CUP FRESH FRUIT CHOICE OF MILK	<b>25</b> STUFFED CRUST PIZZA SEASONED SPINACH SEASONED GREEN BEANS CHILLED PEARS CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	HAM & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
<b>28</b> No School!!!! Memorial Day <i>This Institution Is An Equal Opportunity Provider</i>  <i>El USDA Es' Un Proveedor Y Empleador Ofrce Igualdad de oportunidades</i>	<b>29</b> CHEESE BURGER ON A WHOLE GRAIN BUN CURLY FRIES CARROTS CHILLED PEARS CHOICE OF MILK	<b>30</b> CHEESE STEAK ON A WG STEAK ROLL PEPPERS & ONIONS SEASONED CARROTS ORANGE SMILES CHOICE OF MILK	<b>31</b> CHILI CON CARNE FLUFFY BROWN RICE SHREDDED CHEDDAR CHEESE, TACO SAUCE, SOUR CREAM, SEASONED CORN FRESH BANANA CHOICE OF MILK	Student Lunch \$3.25 Reduced Price Lunch \$.40 Milk \$.60 ASSORTED FRUIT BASKETS
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	TUNA & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD

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